

Experiencing Freedom
The Foundation for Experiencing Freedom

I. Introduction

II. Why can't I change?

A. The problem

1. Rom. 7:15 (NLT) *I don't understand myself at all, for I really want to do what is right, but I don't do it. Instead, I do the very thing I hate.*

B. The results of the problem

1. Confusion
2. Frustration
3. Defeat and discouragement
(1) Rom. 7:24 (NLT) *Oh, what a miserable person I am! Who will free me from this life that is dominated by sin?*

C. God's promise to you

1. John 8:32 *"And you will know the truth, and the truth will make you free."*

III. The foundation for experiencing freedom

A. Admit the root of my "problem" is sin .

1. I John 1:8 *If we say that we have no sin, we are deceiving ourselves and the truth is not in us.*

B. Admit Jesus Christ is the Only
 One who can change me!

1. John 14:6 *Jesus said to him, "I am the way, and the truth, and the life; no one comes to the Father but through Me."*

2. Rom. 7:24-25a (NLT) ²⁴*Oh, what a miserable person I am! Who will free me from this life that is dominated by sin?* ²⁵*Thank God! The answer is in Jesus Christ our Lord.*

C. Commit all that I am to Jesus
 Christ .

1. II Cor. 5:17 *Therefore if anyone is in Christ, he is a new creature; the old things passed away; behold, new things have come.*

IV. Where do I begin?

A. Acknowledge you have been trying to run your own
 life .

B. Admit Jesus Christ is the Only One who can change you.

C. Commit yourself to Jesus Christ .

1. John 1:12 *But as many as received Him, to them He gave the right to become children of God, even to those who believe in His name.*

V. Conclusion

(Unless otherwise indicated all Scripture verses are in the New American Standard Version.)